



# Inner Smile Success

Do something good for yourself.

Energy Healing  
Success Coaching  
Massage Therapy

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## Ten Big Questions

Please take the time to answer these questions. Use another sheet of paper if you need more space. The purpose of these questions is to expand you and inform me about you. Use more space if you like. Bring your responses to your next session.

1. What are your strongest beliefs about yourself and the world right now?
2. What gifts do you have that you'd like to make available to the world?
3. When in your life did you feel most creative?
4. When in your life were you most committed to something/someone?
5. What are the greatest accomplishments of your life?
6. About what have you taken the strongest stand?
7. What is the most important lesson you have learned to date? What bit of wisdom would you share with the world?
8. Where do you get your energy from?
9. How might you sabotage this coaching process?
10. How will you know how effective coaching has been for you?